

WALK WITH ONE

Phase: Connect -Part III (Feb. 2 - Mar. 2)

Bishop Javier Echevarria (1932-2016) has written advice we can consult in our Walk With One: "St. Josemaria said that living the faith also means transmitting it to others. To do so, we have to walk alongside them; and on the way we have to listen to the difficulties they raise about the Christian message, and show them that we understand them, so that they feel understood, enlightened, and oriented by our conversation. And thus, walking at their side, we will communicate the Gospel, the living word of God, to them with affection and warmth. That is, we will show them the marvel of the Christian spirit, which harmonizes reason and faith and offers an answer to all their questions and calms the disquiet of the human heart. And thus we will help them to desire the sacraments and to prepare to receive them." (Prelate of Opus Dei, Pastoral Letter, 9/29/12, section 10)

Personal Scripture Study

Luke 4:14-21: In this gospel passage, what Jesus reads aloud from the book Isaiah is sometimes described as His mission. By virtue of our Baptism, it becomes our mission also. Consider how you can bring glad tidings to others, proclaim liberty to those held captive, recover sight to the (spiritually) blind and share the good news of Jesus with your Walk With One friend.

Saint Who Inspires

St. Teresa of Calcutta recorded Jesus' words to her in her journal :"My little one, come; come carry Me into the holes of the poor. Come be My light. I cannot go alone. They don't know Me, so they don't want Me. You come. Go amongst them; carry Me with you into them. How I long to enter their holes, their dark unhappy homes. In your love for Me, they will see Me, know Me, want Me. You are afraid. Fear not. It is I who am asking you to do this for Me. Fear not. It is I in you, with you, for you." (Come Be My Light, p 98)

Walk with One Prayer

I come before you today to ask for your guidance and courage as I seek to share the good news of your gospel with those who do not know you.

You have called us to go into the world and make disciples of all nations. You have given us the mandate to share the good news of your salvation with everyone we meet. But I confess that I often feel timid and afraid to speak boldly about my faith.

Lord, I ask that you give me a spirit of boldness and courage, like the Apostles in the early church, who fearlessly proclaimed your Gospel to all who would hear. Fill me with your Holy Spirit and empower me to speak your truth confidently and clearly.

Help me to overcome my fears and doubts and to trust in your strength and provision as I share your message of hope and salvation with those who are lost and searching for meaning and purpose in their lives. Put the words in my mouth. Penetrate the hearts of those who hear about Jesus. Show them that, in this troubled world, Jesus is the one who can bring a true peace that surpasses all understanding.

Father, I know that apart from you, I can do nothing. But with you, all things are possible. So I surrender my fears and insecurities to you and ask that you fill me with your boldness and power to share your gospel with those who need it most.

In Jesus' name, I pray. Amen



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Monthly Video Recommendation

Watch the video at the link below of Bishop Robert Barron, "Evangelizing the Body of Christ" from the National Eucharist Congress. Scan the QR code to the left to access the video. Or visit:https://bit.ly/NECBarron