

#sjb5krun  
sjbparmaheights.org



# SJB Run with Me 5K Race/1 Mile Walk

Saturday, June 1, 2024

All Proceeds will support The Ann George, Parma Hts. Food Pantry  
and The St. John Bosco St. Vincent DePaul Society



Online Registration until 11:59 p.m. on Thursday, May 30, 2024 at:

<https://runsignup.com/sjbrunwithme>

Pricing until April 30<sup>th</sup>

\$25 - 5K Run

\$10 - 1 Mile Walk

Pricing starting May 1<sup>st</sup>

\$30 - 5K Run

\$15 - 1 Mile Walk

Scenic route within  
Cleveland MetroParks!

Mail in Registration must be received by Thursday, May 30, 2024

Make check payable and mail to:

St. John Bosco Parish, 6480 Pearl Rd. Parma Hts., OH 44130

Pasta Dinner at St. John Bosco on  
Friday, May 31<sup>st</sup> 4:00 – 7:00pm

Catered by Bruno's Ristorante

Pre-race Packet Pickup at the St. John Bosco Bell Tower  
(In-person & Race Day Registration available)

Friday, May 31 from 4:00 p.m. to 6:30 p.m. and

Saturday, June 1 from 7:30 a.m. to 8:15 a.m.

★ Gift Baskets! ★ Raffle! ★

Race Day- 5K Run and 1 Mile walk begins at 8:30 a.m.

Race will be chip timed and awards for the 5K will be presented to:

The top male and female overall and the top 3 in each age group totalling 84 medals!

Register by Monday, May 6 to guarantee a t-shirt in your size

Finish Line Food and  
Water Provided!

All entries are NON-REFUNDABLE.

Return bottom portion of entry form and keep top for your records & event information

ONE FORM PER PARTICIPANT PLEASE

I will participate in the 5K or 1 Mile Walk (check one):

 5K 1 Mile Walk

I cannot participate, but would like to donate \$25.00 and purchase a (check one):

 Performance Race T-shirt Cotton Walk T-shirt

Name: \_\_\_\_\_ Age: \_\_\_\_\_ Email: \_\_\_\_\_

Address: \_\_\_\_\_ City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

T-shirt size (circle one):

ADULT    XXL    XL    Large    Medium    Small

YOUTH                      Large    Medium    Small

I would like to purchase a raffle ticket for a chance to win tickets to an Indians game.

 \$100 raffle ticket (chance to win 4 seats) \$50 raffle ticket (chance to win 2 seats)

Drawing will take place on Race Day!  
(Winner need not be present.)



**PLEASE READ CAREFULLY BEFORE SIGNING: SJB Run with Me**

I understand that the sport of road racing, running, and/or walking, are an extreme test of my, or my child's, physical and mental limits and carries the potential for serious risks. I agree, attest and certify that by signing this registration form, I WAIVE, RELEASE, AND FOREVER DISCHARGE FROM ANY AND ALL RISKS, CLAIMS LOSSES, OR LIABILITIES, WHICH OCCUR TO ME, OR MY CHILD, AS A RESULT OF MY CHILD'S PARTICIPATION IN THIS EVENT. SUCH RISKS, CLAIMS, LOSSES, OR LIABILITIES INCLUDE, BUT ARE NOT LIMITED TO: death, injury, partial or permanent disability or dismemberment, property loss and/or damage, medical and hospital bills, attorney fees and court/litigation expenses, theft of any items, or any aforementioned claim, loss, or liability as a result of participating and/or traveling to and from any and all Peace Racing, LLC directed events. Therefore, in consideration of this entry, I, for myself, my heirs and executors waive, and release any and all rights and claims AND FURTHER COVENANT AND AGREE NOT TO SUE OR HOLD NEGLIGENT ANY ENTITIES ASSOCIATED WITH THIS EVENT. Such entities include, but are not limited to: Peace Racing, LLC, event sponsors, race directors and volunteers and St. John Bosco Parish; or any government or city officials or municipalities or Cleveland Metroparks in which the said event is located. I attest and certify that I, or my child, is/am physically fit and sufficiently prepared to endure the said distance of this event. I, or my child, have/has not been advised against participating by a qualified health professional.

Participant signature \_\_\_\_\_

Date \_\_\_\_\_

Parent/Guardian signature (for all participants under 18) \_\_\_\_\_

Date \_\_\_\_\_